

“Watch and Pray” Matthew 26:36-46

JESUS spent three prolonged times in prayer during the night before the Crucifixion. If there is danger nearby, or great pressure on you, or tough decisions that you need to make, you will be wise to give extra time to **WATCH** and **PRAY**.

1. “A Place called Gethsemane” V.36

- A. Every person needs _____ where they regularly meet GOD in prayer. John 18:1, Genesis 19:27, Daniel 6:10
- B. Gethsemane means _____. Are you under pressure? Find your own _____ of Prayer. HE will meet you and help you there.

2. “My soul is grieved, to the point of Death” V.38

- A. JESUS’ anguish had nothing to do with the _____ of the Cross.
- B. The grief came from knowing that within hours, the _____ of GOD’s Divine Wrath against all Sin, would be HIS to _____.

3. “Father, if it is possible, let this Cup pass from ME.” V.39

In Scripture a cup is a _____ of GOD’s Divine Wrath against sin. JESUS’ human anguish over accepting the Cup, reflects the _____ of the totality of all of mankind’s Rebellion, which would be _____ completely on HIM the next day. Isaiah 53:10-11, 2 Cor.5:21

4. “Yet not as I will, but as YOU will.” V.39

- A. _____ to GOD’s Will always brings turmoil on the inside.
- B. _____ to GOD’s Will always produces peace.

5. “HE found them sleeping” V.40

- A. The average American spends _____ per day watching TV.
- B. People over age 65 spend _____ daily. (Nielsen Report- 2014)
- C. The average American spends _____ per day on social media.
- D. The Barna Research group found that the average Christian spends _____ per day in prayer. The average pastor spends _____ per day.
- E. From the 168 hours that the LORD gave you this week, list the total amount of time that you spent with GOD in Prayer this past week: _____

6. “Could you not Keep Watch with me for One Hour?” V.40

- Many of us _____ for multiple areas of our lives. Set goals for Reading the Scriptures and for Prayer. Start with:

7. **“Keep Watching” V.41** To “Watch” means to be _____, be alert, and keep _____, especially when danger abounds. Habakkuk 2:1-3

8. **“And Keep Praying”** - Since HE is the ONE who _____ everything, and _____ precisely what we should do for every time, HE is the ONE that we desperately need to be _____ !!!

9. **“That you may not enter into Temptation”**

- A. Here we see the most critical night in Earth’s History, as the CHRIST was _____ almost to the point of breaking. If HE broke, mankind would lose the opportunity of _____.
- B. HIS young followers were also in great peril of falling, and possibly _____ to fulfill their part in GOD’s Plan of Salvation.

10. **“The spirit is willing, but the flesh is weak”**

- A. All of us need the _____ to obey GOD, and do the right thing.
- B. Being in GOD’s _____ through Prayer, gives us that strength.

11. **“The Hour is at Hand” V.45**

- A. GOD has given us the _____ to Watch and Pray.
- B. The question is, will we be alert and _____? OR be asleep and become _____ when our Hour comes?

Join us, for 40 Days, as we “Watch and Pray”

- 1. Set a goal to have a time of Prayer and time in the Word, without miss, for 40 consecutive Days. It will be the best _____ you can ever develop.
- 2. Use the Prayer Guide to pray daily with your _____.
- 3. Find a Prayer _____. Eccl. 4:9 (to pray daily or weekly with)
- 4. Attend one of COS’s Prayer _____.
- 5. Ask the Holy Spirit for a _____ to claim in Prayer.
- 6. Ask the Father for a _____ in: Luke 12:32
 - A.
 - B.
 - C.

(carry these on a card everywhere you go)